Adult Health and Wellness Guidelines

Males Ages 50+

State and School Employees' Life and Health Insurance Plan

Not Subject to Calendar Year Deductible • 100% of allowable for covered procedures
Payable only for Network Providers and for Blue Plan Providers (outside Mississippi)

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Preventive medicine evaluation, re-evaluation, or office visit. Two (2) visits per year Blood pressure, one (1) procedure per year	99386, 99387: Initial preventive medicine evaluation 99396, 99397: Periodic preventive medicine re-evaluation 99201-99205: Office or other outpatient, new patient 99211-99215: Office or other outpatient services, established patient G0402: initial preventive physical examination, face-to-face visit, services limited G0438: Annual Wellness Visit; includes a personalized prevention plan of service, initial visit G0439: Annual Wellness Visit; includes a personalized prevention plan of service, subsequent visit
Hemoglobin, hematocrit, or CBC. One (1) procedure per year	85018: Hemoglobin 85013, 85014: Hematocrit 85025, 85027, 85032, 85041, G0306, G0307
Urinalysis One (1) procedure per year	81000, 81001, 81002, 81003: Urinalysis
Immunizations/TB skin test as needed	See Immunization Codes
Lipid Profile Includes Cholesterol, Serum, Total (82465) lipoprotein, Direct measurement, High density cholesterol (HDL Cholesterol) (83718) One (1) per year	80061: Lipid Profile
Prostate specific antigen with digital rectal exam One (1) procedure per year	84153, G0102, G0103: Prostate specific antigen

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Stool for occult blood One (1) procedure per year	82270 thru 82274, G0328, G0394: Blood, occult, feces, 1-3 simultaneous determinations
Flexible Sigmoidoscopy One (1) procedure every five (5) years or **Colonoscopy** One (1) procedure every ten (10) years	45330, 45331, 45333, 45338, 45339, 45346, G0104, G6022: Sigmoidoscopy, flexible 44388, 44389, 44392, 44393, 44394, 44401, 45355, 45378, 45388, 45380, 45381,45383, 45384, 45385, G0105, G0121, G6019, G6024: Colonoscopy 88305: Pathology of polyps if colonoscopy is paid under wellness.
Glucose One (1) procedure per year For high-risk individuals only	82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 82950: Post glucose dose 82951: Tolerance test (GTT), three specimens 82962: Glucose, blood by glucose monitoring device(s) 36415 and 36416: Routine venipuncture
Diabetes Screening One (1) procedure per year	83036-83037: Hemoglobin; A1C
Abdominal Aortic Aneurysms, Screening Ages 65-75	76700: Abdominal ultrasound, complete 76705: Abdominal ultrasound, limited G0389: Ultrasound exam AAA screen
Alcohol Misuse Screening and Behavioral Counseling Interventions	96150-96155: Health and behavior assessment and intervention 98960-98962: Education and training for patient self-management 99386-99387; 99396-99397: Comprehensive preventive services 99401-99404: Preventive counseling 99406-99409: Alcohol abuse structured screening & brief intervention H0001: Alcohol and/or drug assessment H0004: Behavioral health counseling H0049: Alcohol and other drug screening H0050: Alcohol and/or Drug services
Aspirin for the Prevention of Cardiovascular Disease Men ages 45-79	99401-99404: Preventive medicine counseling/risk factor reduction

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Diet, Behavioral Counseling in Primary Care to Promote Health	99402-99404: Preventive medicine counseling/risk factor reduction, individual 99411-99412: Preventive medicine counseling/risk factor reduction, group 98960: Education and training for patient self-management S9470: Nutritional counseling, dietician visit
HIV, Screening	86689: HTLV or HIV antibody, confirmatory test 86701: HIV-1 antibody 86702: HIV-2 antibody 86703: HIV-1 and HIV-2 antibody, single assay 87389: HIV-1 antigen(s), with HIV -1 and HIV-2 antibodies, single result (One (1) code allowed per calendar year) 87390: Infectious agent antigen detection by enzyme immunoassay 87391: Infectious agent detection by enzyme immunoassay technique, qualitative or semi quantitative, multiple step method; HIV- 2 (One (1) code allowed per calendar year) 87534-87536: Infectious agent antigen detection by nucleic acid (DNA or RNA) S3645: HIV antibody testing of oral mucosal transudate
Sexually Transmitted Infections, Counseling	99401-99404: Preventive medicine counseling/risk factor reduction 99411: Preventive medicine counseling/risk factor reduction
Syphilis Infection, Screening	86592-86593: Syphilis test 86781: Antibody 87166: Dark Field examination 87164: Dark Field examination 87285: Treponema pallidum antigen
Hepatitis C (HCV) Screening Ages 48-68 One (1) procedure per lifetime	86803: Hepatitis C Antibody
Lung Cancer Screening One (1) per year, smokers with history of at least thirty (30) pack years and who have quit within the previous fifteen (15) years. Ages 55-80.	G0296: Counseling visit to discuss need for lung cancer screening using low dose Computed Tomography (CT) scan G0297: Low Dose CT scanning S8032: Low Dose CT screening ONLY COVERED WHEN PRECERTIFIED AND SUBMITTED WITH PRIMARY DIAGNOSIS Z12.2 OR Z87.891